



## June Pre-K Vegetarian Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Fruit Serving</b> Apples (Whole/Sliced) Fruit Cocktail Fruit/ Apple Juice (6oz) Pears Oranges (Whole/Sliced)			1 Chick'n Parm Sandwich Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	2 Cajun Chick'n Pasta Roasted Broccoli Fresh Fruit Skim or 1% Milk
5 NOLA Sando Sweet Potato Fries Fresh Fruit Skim or 1% Milk	6 Sweet and Sour Meatballs Brown Rice Steamed Corn Fresh Fruit Skim or 1% Milk	7 Chick'n Nuggets (5) Dinner Roll Seasoned Black Beans Fresh Fruit Skim or 1% Milk	8 Chopped Cheesesteak Seasoned Green Beans Fresh Fruit Skim or 1% Milk	9 Cheesy Baked Ziti Roasted Broccoli Fresh Fruit Skim or 1% Milk
12 Cheese Pizza Seasoned Green Beans Fresh Fruit Skim or 1% Milk	13 Black Bean Burger Seasoned Baked Beans Fresh Fruit Skim or 1% Milk	14 Chick'n and Waffles Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	15 Salisbury Steak Mashed Potatoes w/ Seasoned Carrots Fresh Fruit Skim or 1% Milk	16 Spaghetti and Meatballs Roasted Broccoli Fresh Fruit Skim or 1% Milk
19 Holiday No School	20 Meatball Sub Sweet Potato Fries Fresh Fruit Skim or 1% Milk	21 BBQ Chick'n Sandwich Seasoned Green Beans Fresh Fruit Skim or 1% Milk	22 Southwest Chick'n Rice Bowl w/Salsa Seasoned Black Beans & Corn Blend Fresh Fruit Skim or 1% Milk	23 Chick'n Primavera Pasta Seasoned Carrots Fresh Fruit Skim or 1% Milk
26 Chick'n Jambalaya Seasoned Black Bean and Corn Blend Fresh Fruit Skim or 1% Milk	27 Black Bean Burger Sandwich w Fresh Green Beans Fresh Fruit Skim or 1% Milk	28 Shepherd Pie Seasoned Peas and Carrots Fresh Fruit Skim or 1% Milk	29 Teriyaki Chick'n Fried Rice & Roasted Broccoli & Carrots Fresh Fruit Skim or 1% Milk	30 Chick'n Alfredo Pasta Roasted Broccoli Fresh Fruit Skim or 1% Milk