

Lunch

September 2023

MON	TUE	WED	THU	FRI
				1 Turkey Fajita w/ Brown Rice & Corn Cheese Pizza w/ Garden Salad & Ranch Dressing (V) Fresh Apple
4	5 Chicken & Vegetable Dumplings w/ Green Beans Spanish Rice & Beans w/ Plantain(V) Fresh Pear	6 Chicken Fingers w/ Ketchup Falafel Nuggets w/ Whole Wheat Bread Slice (V) Corn Fresh Apple	7 Penne w/ Beef Meat Sauce Penne w/ Tomato Sauce, Mozzarella, & Ricotta Cheese (V) Italian Vegetables Orange slices	8 Home-Style Macaroni & Cheese w/ Broccoli (V) Fresh Apple
11 Chicken Bites w/ Roasted Potatoes Falafel Nuggets w/ Whole Wheat Bread Slice & Corn (V) Apple Slices	12 Turkey Chili w Whole Wheat Bread Slice & Mixed Vegetables Spanish Rice & Beans w/ Plantain (V) Fresh Apple	13 Cheese Raviolis w/ Tomato Sauce & Italian Vegetables (V) Fresh Pear	14 BBQ Chicken w/ Sweet Mashed Potatoes Home-Style Macaroni & Cheese w/ Broccoli (V) Orange Slices	15 Penne w/ Tomato Sauce, Mozzarella, & Ricotta Cheese (V) Italian Vegetables Fresh Apple
18 Beef Burger w/ Ketchup & Green Beans Spanish Rice & Beans w/ Plantain (V) Apple Slices	19 Pasta & Chicken Meatballs in Tomato Sauce w/ Italian Vegetables Falafel Nuggets w/ Whole Wheat Bread Slice & Corn (V) Fresh Pear	20 Chicken Alfredo w/ Penne Pasta Home-Style Macaroni & Cheese (V) Broccoli Fresh Apple	21 Meatloaf w/Gravy & Mashed Potatoes Cheese Raviolis w/ Tomato Sauce & Italian Vegetables (V) Orange Slices	22 Cheese Pizza (V) Garden Salad w/ Ranch Dressing Fresh Apple
25 Chicken Parmesan w/ Green Beans Penne w/ Tomato Sauce, Mozzarella, & Ricotta Cheese (V) Apple Slices	26 Spanish Rice & Beans w/ Plantain (V) Fresh Apple	27 Salisbury Steak w/ Roasted Potatoes Falafel Nuggets w/ Whole Wheat Bread Slice & Corn (V) Fresh Pear	28 Caribbean Pineapple Chicken w/ Brown Rice & Carrots Home-Style Macaroni & Cheese w/ Broccoli (V) Orange Slices	29 Turkey Fajita w/ Brown Rice & Corn Cheese Pizza w/ Garden Salad & Ranch Dressing (V) Fresh Apple



Lunch K-8

September 2023

MON	TUE	WED	THU	FRI
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



Lunch 9-12

September 2023

MON	TUE	WED	THU	FRI
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



Snack Menu

September 2023

MON	TUE	WED	THU	FRI
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



Snack Menu

September 2023

MON	TUE	WED	THU	FRI
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



Dinner Menu

September 2023

MON	TUE	WED	THU	FRI
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



This institution is an equal opportunity provider.

Dinner Menu

September 2023

MON	TUE	WED	THU	FRI
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



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