# LEARN - COVID-19 Health and Safety Protocols (Updated October 27, 2022)

# QUARANTINES

- Students and staff exposed to COVID-19 will no longer be required to Quarantine at home
  - EXCEPTIONS:
    - Students or staff may be required to quarantine if designated by the local health department or lead nurse due to schoolwide or classroom outbreaks or to reduce high transmission within a setting
    - Students or staff may be required to isolate if presenting potential COVID symptoms
      - If an individual is presenting with COVID symptoms after a known recent exposure they may be considered a "probable case" and therefore treated as a "positive case".
- Contact tracing will be completed in-house by the Nursing team to identify the extent of exposure and individuals affected and transmission of the virus
- Any individual that has had prolonged exposure with a positive person will be considered a close contact
  - Definition: Per ISBE, Direct/Close contacts includes anyone (with or without a face covering) who was within 3-6 feet of a confirmed case of COVID-19 (with or without a face covering), for a cumulative total of 15 minutes or more over a 24-hour period during the infectious period

#### SYMPTOMATIC WITH A NEGATIVE TEST (OR NO TEST RESULT):

- Staff and Students:
  - Stay home and isolate
  - Isolate yourself from others who live in your home as much as possible
  - Monitor your symptoms; seek emergency care if symptoms are severe
  - Get tested for COVID; must be a proctored Rapid or PCR test
    - Home tests are not acceptable to meet return requirements
  - PREFERRED. Return to work/school requirements (were symptomatic, with negative test result):
    - Remain home until symptoms improve, which may be in less than 5 days from onset of symptoms
    - 24 hours vomiting, diarrhea, and fever free without the use of symptom improving medication (e.g. fever reducer, antiemetic, antidiarrheal)
    - A negative COVID test is needed to return to work/school even if you receive approval to return to work/school from your healthcare provider
      - Students or staff that do not get tested will need to complete a mandatory 5 day isolation and adhere to the return to work/school requirements below (see below)
  - IF UNABLE TO TEST. Return to work/school requirements (were symptomatic, with NO test result):
    - Isolate for 5 days from onset of symptoms (Day 1-5)
    - Return to work/school on Day 6 if symptoms have improved, and 24 hours with no vomiting, diarrhea or fever without the use of medications
      - If symptoms persist with no improvement or fever, vomiting, and diarrhea continues, remain in isolation for up to 10 days from onset of symptoms
      - If symptoms persist past Day 10, remain in isolation and follow up with your healthcare provider. A return to work/school note will be required.
    - Continue to wear a mask for an additional 5 days (Day 6-10)
      - Individuals that refuse to wear a mask (properly fitted, covering their nose and mouth) during the last 5 days of this period are not permitted to



return to work/school due to risk of transmission.

- Unpaid time off will be used for these absence days
- School leaders and managers must make accommodations (at least 6 ft social distancing) for students/staff during periods of time when masks have to be removed (e.g. lunch, breakfast, snack)

#### SYMPTOMATIC WITH A POSITIVE TEST:

• Staff and Students:

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- Stay home and isolate
- Isolate yourself from others who live in your home as much as possible
- Monitor your symptoms; seek emergency care if symptoms are severe
  - When test results are POSITIVE notify your school leader and campus nurse immediately
    - Send your campus nurse proof of your positive test results (include name, DOB, date of collection, and type of test), date of symptom onset, and list of close contacts
- Return to work/school requirements (symptomatic with positive test result):
  - Isolate for 5 days from onset of symptoms (Day 1-5)
    - Upon completion of contact tracing the school nurse will identify the earliest date of return to work/school
  - Return to work/school on Day 6 if symptoms have improved, and 24 hours with no vomiting, diarrhea or fever without the use of medications
    - If symptoms persist with no improvement or fever, vomiting and diarrhea continues, remain in isolation for up to 10 days from onset of symptoms
  - Continue to wear a mask for an additional 5 days (Day 6-10)
    - Individuals that refuse to wear a mask during the last 5 days of this period are not permitted to return to work/school due to risk of transmission
      - Unpaid time off will be used for these absence days
    - School leaders and managers must make accommodations (at least 6 ft social distancing) for students/staff during periods of time when masks have to be removed (e.g. lunch, breakfast, snack)

#### ASYMPTOMATIC WITH A POSITIVE TEST:

- Staff and Students:
  - Stay home and isolate
  - Isolate yourself from others who live in your home as much as possible
  - Monitor your symptoms; seek emergency care if symptoms are severe
  - When test results are POSITIVE notify your school leader and campus nurse immediately
    - Send your campus nurse proof of your positive test results (include name, DOB, date of collection, and type of test), and list of close contacts
  - Return to work/school requirements (asymptomatic with positive test result):
    - Isolate for 5 days from date positive test was collected (Day 1-5)
      - Upon completion of contact tracing the school nurse will identify the earliest date of return to work/school
    - Return to work/school on Day 6 (must remain free of symptoms)
    - Continue to wear a mask for an additional 5 days after returning to work/school (Day 6-10)
      - Individuals that refuse to wear a mask during the last 5 days of this period are not permitted to return to work/school due to risk of transmission.
        - Unpaid time off will be used for these absence days
      - School leaders and managers must make accommodations (at least 6 ft social distancing) for students/staff during periods of time when masks



have to be removed (e.g. lunch, breakfast, snack)

# **REPORTING A POSITIVE CASE**

- Staff members or students that test positive must notify their campus nurse, lead nurse and school leader immediately
  - Cases should be reported even during school breaks
- The campus nurse will complete contact tracing and identify the dates of isolation for the positive individual
- If the positive individual is unable to return to work on the return date indicated by the campus nurse, they must notify HR and their school leader for further instructions **prior** to their expected date of return.
  - The school nurse cannot grant extensions for Isolation; a note from a licensed healthcare provider may be requested.

# PERSONAL PROTECTIVE EQUIPMENT (PPE)

- Masks are OPTIONAL at all LEARN campuses
  - KN95 or N95 masks are strongly recommended. LEARN will have masks available upon request
  - Gaiters and neck warmers are not approved by CDC and therefore should not be worn while on school grounds
  - **EXCEPTIONS:** 
    - Students and staff will be required to wear a mask when returning to school/work after a 5 day Isolation (Days 6-10), even if a campus has a universal mask optional policy
    - Students and staff may be required to wear masks while indoors if designated by the local health department or lead nurse due to schoolwide or classroom outbreaks, and/or to reduce high transmission within a setting,
    - Students and staff being monitored in the CARES/Isolation rooms will be required to wear masks due to symptoms of COVID-19
  - Nurses and COVID designees should continue to use appropriate PPE (regardless of universal mask optional policy) when assessing/supporting a sick individual suspected to have COVID-19 including:
    - N95 respirator
    - Eye protection (face shield or goggles)
    - Gown
    - Gloves

# **COVID -19 TESTING**

- Surveillance COVID-19 testing program:
  - Individuals that are fully vaccinated may opt in or out of the testing program
    - Testing will be conducted every other week onsite for all individuals including staff and students grades pk-8 that are not fully vaccinated
    - Allows LEARN to identify asymptomatic carriers of the virus
- Diagnostic COVID-19 testing program:
  - Rapid and PCR Antigen testing will be available to all staff, students experiencing symptoms of COVID or that have had a direct exposure.
  - Testing must be scheduled with the campus nurse
  - Allows LEARN to provide point of care testing based on symptoms, travel, or exposure to COVID-19

To arrange for testing you must:

- Contact your campus nurse
- Schedule an appointment for testing with the nurse at a LEARN site
  - If you are symptomatic or currently under quarantine you may not enter the building; testing will be collected at your car
- You will receive your results by phone or email



- Rapid test results will be available after 20 minutes of collection
- PCR test results will be available within 24-48hrs

#### VACCINATIONS

- LEARN strongly encourages vaccination against COVID-19 for all students and employees
- LEARN will collaborate with community partners to improve access to vaccinations (i.e. onsite vaccine clinics, off site resources etc.)

# VISITORS/CONTRACTORS

- Visitors and contractors must follow all LEARN health and safety protocols. LEARN continues to prefer that contractors and volunteers who will be working in the schools on a recurrent basis, or for more than 10 hours per week are vaccinated against COVID-19
- All visitors are required to check in at the main office immediately upon entering a campus building
- Virtual parent meetings are encouraged, but not required

# **PE/EXTRACURRICULAR ACTIVITIES**

- Sports and extracurricular activities may resume both indoors and outdoors
- Students who present with COVID-19 symptoms during extracurricular activities should be immediately removed from the group; they may be approved to return to group activities with a negative COVID test, symptom improvement and 24 hrs vomiting, fever, and diarrhea free

#### WATER FOUNTAINS

• Water fountains may be used without restrictions

#### HAND SANITIZING

• Recommend staff and students use hand sanitizer upon entering a room

# **CLEANING PROTOCOLS**

- LEARN will continue to follow the CDC guidance on cleaning:
  - If less than 24 hours have passed since the person who is sick or diagnosed with COVID-19 has been in the space, clean and disinfect the space.
  - If more than 24 hours have passed since the person who is sick or diagnosed with COVID-19 has been in the space, cleaning is enough.
  - If more than 3 days have passed since the person who is sick or diagnosed with COVID-19 has been in the space, no additional cleaning (beyond regular cleaning practices) is needed.
- Only EPA List N approved products will be used for disinfecting
- Determinations to close spaces within the school building will occur on a case-by-case basis or as required by the LHD if the school is experiencing an outbreak
- Disinfecting will occur at the end of the school day when students are not present in the classroom.